

2010 Southeastern Region National Practice Schedule



Congratulations to everyone who will be competing at the USA Roller Figure Skating Championships in Lincoln, Nebraska! The coaches of the Southeastern Region have reserved and sponsored the following private practice times at the Ice Box Arena for our region's skaters:

Monday	July 26, 2010	1:00-2:00 PM
Tuesday	July 27, 2010	7:00-8:00 PM
Wednesday	July 28, 2010	7:00-8:00 PM
Thursday	July 29, 2010	8:00-9:00 PM
Sunday	August 1, 2010	12:00-1:00 PM
Monday	August 2, 2010	11:00-12:00 PM
Wednesday	August 4, 2010	11:00-12:00 PM

Public practices will also be available at the facility. The schedule for those practices can be found [here](#).

The practice facility address is:

**Ice Box Arena
1800 State Fair Park Dr.
Lincoln, NE 68508**

We in the Southeastern Region are proud of our reputation in upholding the highest standards of sportsmanship, both on and off the skating floor. Please remember that our conduct at the practice facility, the auditorium, and in all public places is a reflection of our clubs and our region. If you have any questions or concerns during your stay, please address them with your coach.

Best of Luck at the National Championships!